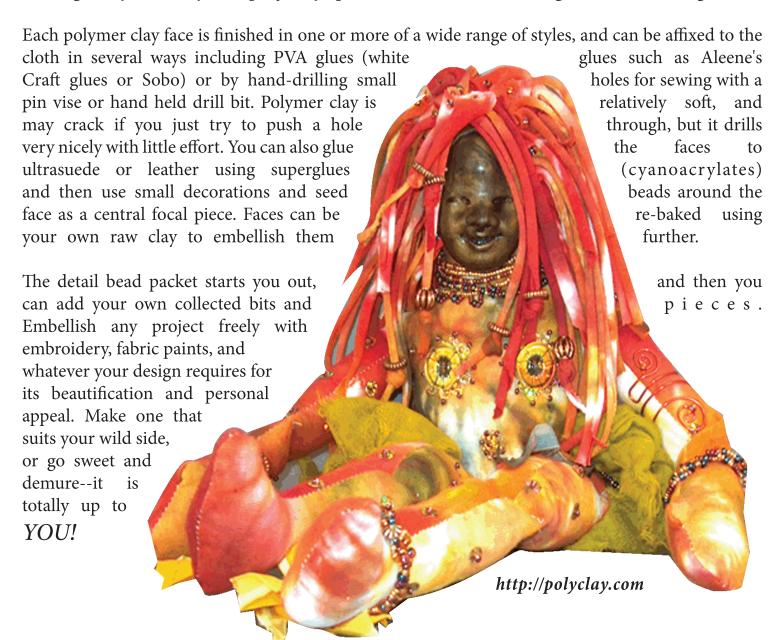


## Iconic Shrine, Spirit Doll or Wearable Art

Take the soft, vibrantly hand-dyed cotton fabrics, silk and rayon ribbons, a polymer clay face and bag of assorted detail beads, feathers, trims, and sequins as a starting point for your creativity to make your own totem, necklace focal point or talismanic pillow! Or create a shadow box, a mini shrine, a reticule or a guardian bag for your tarot cards and other special items. Personalize your design further by bringing out your own collected baubles, bells, or charms to embellish a one-of-a-kind piece that's all your own. Add other fabrics from your "stash" if desired. Velvets, lace or satins are always a nice touch! Throw in a few buttons and a tassel or two and you will have a truly awesome piece for display, treasuring, or gifting to someone you really consider special.

We use Procion MX series Fiber Reactive coldwater dyes, thoroughly rinsed and washed using Retayne and Synthropol for dye permanence and no shrinkage or color bleeding.



Fold the fabric in half and lay the pattern out onto it, making sure there is enough to cut two body pieces plus four arm pieces and four leg pieces. Do not add more seam allowance as it is already built into the pattern. Use a ¼ inch seam allowance on all seams. With right sides together, sew around the leg and arm pair and leave the tops of each open for stuffing. Clip the hand as shown, turn and stuff each arm and leg, then sew across the knee and elbow areas. Place the tops of the legs at the bottom of one body piece on the right side of the fabric at the marks shown, with the feet up by the head, and stitch across the bottom to hold in place.

Place the arms on the right side of the same body piece at the shoulders as shown, with the arms going inside and sew to hold in place as you did with the legs. Then place the other body piece over all of it with right sides of the body sections together and the legs and arms inside in between the two and stitch along the bottom again.

Sew around one side of the body, be careful not to catch the arms or legs in the seam. Point them out the open side as needed. It's a bit crowded towards the end but it works. Sew the shoulder neck and head areas and continue down the second body side until you have sewn just slightly past the second arm, where the stuffed arms and legs are now sticking out.

Clip the neck as shown and turn the doll body right side out, stuff, and hand sew the opening in the side closed after turning the raw edges in. Now you are ready to decorate!

